



MID- DAY MEAL MENU (JULY)

Date & Day	Food	Desert/Beverage
01.07.2022 Friday	Rajma Rice	Chocolate
02.07.2022 Saturday	Paneer Wrap + Wafers	Rooh Afza
03.07.2022	HOLIDAY	
04.07.2022 Monday	Aloo Parantha + Curd	Besan Ladoo
05.07.2022 Tuesday	Dosa + Sambhar (with vegetables)	Fruit Cake
06.07.2022 Wednesday	Chole Bhature + Salad	Banana
07.07.2022 Thursday	Shahi Paneer + Chapatti	Chocolate
08.07.2022 Friday	Vegetable Biryani + Boondi Raita + Salad	Biscuits
09.07.2022	HOLIDAY	
10.07.2022	HOLIDAY	
11.07.2022 Monday	Vegetable Cheese Grilled Sandwich + Cutlet	Orange Tang
12.07.2022 Tuesday	Idli Sambar	Banana
13.07.2022 Wednesday	Vegetable Burger + Fries	Sabudana Kheer
14.07.2022 Thursday	Aloo Naan + Dal Makhani	Seasonal Fruit
15.07.2022 Friday	Pav Bhaji	Cream Wafers(2)
16.07.2022 Saturday	Rice Lobhia	Gurpare
17.07.2022	HOLIDAY	
18.07.2022 Monday	Assorted vegetables + Indian Bread	Cake
19.07.2022 Tuesday	Vegetable Fried Rice + Vegetable Manchurian	Fruit Cream
20.07.2022 Wednesday	Malai Kofta + Lachha Parantha	Cream Wafers(2)
21.07.2022 Thursday	White Channa Rice	Rooh Afza
22.07.2022 Friday	Stuffed Bread Rolls + Corn Salad	Banana
23.07.2022	HOLIDAY	
24.07.2022	HOLIDAY	
25.07.2022 Monday	Mix Sauce Pasta + Bread	Orange Tang
26.07.2022 Tuesday	Nutrinuggets with gravy + Parantha	Fruit Slice cake
27.07.2022 Wednesday	Kadi Rice + Papad	Gur Channa
28.07.2022 Thursday	Vegetable Noodles + Bread Butter Jam	Mango Drink
29.07.2022 Friday	Uttapam	Moti Choor Laddoo
30.07.2022 Saturday	Shahi Paneer + Butter Naan	Chocolate Slice cake
31.07.2022	HOLIDAY	