



# SALWAN PUBLIC SCHOOL

Pt. Girdhari Lal Salwan Marg, Rajendra Nagar  
New Delhi – 110060

## CIRCULAR



**Subject: FREEDOM RUN – STEP UP FOR FREEDOM. RUN TOWARDS A BETTER INDIA**

**Classes X, XI & XII**

SPS/ 523/ 2026-27

10<sup>th</sup> August 2026

Dear Parent,

As we celebrate India's Independence Day, the school is organizing 'Freedom Run' on **13<sup>th</sup> August 2026**, an initiative that brings together the spirit of freedom, fitness and responsible citizenship.

The run aims to encourage students to embrace a healthy and active lifestyle and at the same time reminding them that the freedom we enjoy comes with the responsibility to contribute positively to our society and nation. Every step taken by our students represents their commitment to becoming healthy, responsible and active citizens who can contribute towards a better India.

We encourage our students to participate with enthusiasm, discipline and pride and make the Freedom Run a meaningful celebration of the spirit of India.

Regards

Priyanka Barara  
Principal

### FITNESS DECLARATION CUM CONSENT

I, the parent/guardian of \_\_\_\_\_, Class \_\_\_\_\_, confirm that my ward is physically fit and well enough to participate in the Freedom Run organised by the school. I will ensure that he/ she is well hydrated for the Run & carries an electrolyte packet with him/her on the day of the event.

I understand that the run involves strenuous physical activity and confirm that my ward does not have any health condition or injury that would prevent safe participation. I have informed the school of any relevant medical concern, if applicable.

I hereby give my consent for my ward to participate in the Freedom Run and agree that my ward will follow all safety instructions given by the teachers, volunteers and event officials.

Emergency Contact No.: \_\_\_\_\_ Name of Parent/Guardian: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_