



SALWAN PUBLIC SCHOOL

Rajendra Nagar, New Delhi

MID-DAY MEAL MENU – OCTOBER 2026

Academic Session 2026-27

DATE	DAY	FOOD	ACCOMPANIMENTS
1.10.26	Thursday	Aloo Soyabean Sabzi + Chapati	Banana
2.10.26	Friday	Holiday (Gandhi Jayanti)	
3.10.26	Saturday	Pao bhaji	Biscuit
4.10.26	Sunday	Holiday	
5.10.26	Monday	Rajma + Rice	Chaach
6.10.26	Tuesday	Sambar + Idli	Banana
7.10.26	Wednesday	White Chole + Puri	Suji Halwa
8.10.26	Thursday	Mix Dal + Rice	Rice Papad
9.10.26	Friday	Malai kofta + Chapati	Chakli
10.10.26	Saturday	Holiday	
11.10.26	Sunday	Holiday	
12.10.26	Monday	Kadi Rice	Amla Candy
13.10.26	Tuesday	Vegetable Noodles	Energy Drink- Tang
14.10.26	Wednesday	Dal Makhni + Parantha	Fruit
15.10.26	Thursday	Sambar + Vada	Chakli
16.10.26	Friday	Vegetable Red Sauce Pasta	Banana
17.10.26	Saturday	Aloo + Puri	Suji Halwa
18.10.26	Sunday	Holiday	
19.10.26	Monday	Holiday (Ram Navmi)	
20.10.26	Tuesday	Holiday (Dussehra)	
21.10.26	Wednesday	Shahi Paneer + Chapati	Rice Papad
22.10.26	Thursday	Chana Dal Rice + Boondi Raita	Besan Ladoo
23.10.26	Friday	Veg. Manchurian + Fried Rice	Lemonade
24.10.26	Saturday	Holiday	
25.10.26	Sunday	Holiday	
26.10.26	Monday	Holiday (Maharishi Valmiki Jayanti)	
27.10.26	Tuesday	Aloo Matar + Chapati	Rice Kheer
28.10.26	Wednesday	Rajma + Rice	Corn Salad
29.10.26	Thursday	Holiday (Karwa Chauth)	
30.10.26	Friday	Sambar + Idli	Seasonal Fruit
31.10.26	Saturday	Vegetable Sandwich + Cutlet	Biscuits