



SALWAN PUBLIC SCHOOL
Rajendra Nagar, New Delhi

MID-DAY MEAL MENU – SEPTEMBER 2026
Academic Session 2026-27

DATE	DAY	FOOD	ACCOMPANIMENTS
1.09.26	Tuesday	Chole Poori	Fruit
2.09.26	Wednesday	Mix Dal + Rice	Rice Papad
3.09.26	Thursday	Shahi Paneer + Chapati	Fruit
4.09.26	Friday	HOLIDAY – (Janmashtami)	
5.09.26	Saturday	HOLIDAY- (In lieu of 2nd Saturday)	
6.09.26	Sunday	HOLIDAY	
7.09.26	Monday	Parantha+ Dal Makhani	Amla Candy
8.09.26	Tuesday	Fried Rice + Manchurian	Chaach
9.09.26	Wednesday	Pao Bhaji	Fruit
10.09.26	Thursday	Idly with Sambar and Tomato Chutney	Biscuit
11.09.26	Friday	Vegetable Red Sauce Pasta	Fruit
12.09.26	Saturday	Channa Daal Khichdi+ Boondi Raita	Chakli
13.09.26	Sunday	HOLIDAY	
14.09.26	Monday	Idli Sambar	Banana
15.09.26	Tuesday	Black Channa + Puri	Lemonade
16.09.26	Wednesday	Boondi Kadi + Rice	Chakli
17.09.26	Thursday	Matar Sabji + Chapati	Rice Papad
18.09.26	Friday	Veg Biryani + Raita	Amla Candy
19.09.26	Saturday	PTM	
20.09.26	Sunday	HOLIDAY	
21.09.26	Monday	Rajma Rice	Chaach
22.09.26	Tuesday	Vegetable Noodles	Energy Drink- Tang
23.09.26	Wednesday	White Channa + Rice	Chakli
24.09.26	Thursday	Poori + Aloo	Banana
25.09.26	Friday	Shahi Paneer+ Chapati	Rice Papad
26.09.26	Saturday	Mix Dal + Rice	Banana
27.09.26	Sunday	HOLIDAY	
28.09.26	Monday	White Channa + Rice	Rice Papad
29.09.26	Tuesday	Dal Makhni + Parantha	Besan Ladoo
30.09.26	Wednesday	Vegetable Noodles	Energy Drink- Tang